

Toolkit

Innovation for healthier diets toolkit

04 September 2024

Topics

Diet & health

Investment & growth



The FDF has created guidance to support businesses with reformulation. This toolkit also contains reformulation guidance to support SMEs through the FDF Scotland Reformulation for Health programme.

To support businesses on reformulation FDF has created guidance:

[FDF Spotlight on sugar reformulation guidance](#)

[FDF Sugars reduction in puddings guidance](#)

FDF Sugars reduction in Chocolate confectionery guidance

FDF Scotland delivers Reformulation for Health, a Scottish Government funded programme to support smaller businesses to make their products healthier. They have produced a raft of tools available in their reformulation support toolkit. Including:

FDF Scotland comprehensive guide to reformulation

FDF Scotland sensory analysis guide

Additional guidance from stakeholders can be found here:

Food Standards Agency Northern Ireland Scone reformulation technical guidance

Food Standards Agency Northern Ireland Cheesecake reformulation technical guidance

Shaping a Healthier Future





Shaping a Healthier Future

Supporting the nation's health is a key priority for food and drink manufacturers. Shaping a Healthier Future highlights the ongoing work of food and drink manufacturers to support the nation's health, alongside championing how we can work with government and other partners to drive further progress.

[Read more](#)



Scotland

Reformulation for Health

Scottish food and drink producers are playing a key role in enabling consumers to achieve a healthy balanced diet. Our Reformulation team is helping small to medium sized food companies to make their food healthier



Action on Fibre

Since the launch of the Action on Fibre initiative, our member have been working hard to bridge the gap. We are pleased to share the progress of the Action on Fibre initiative.

Action on Fibre