# TraceGains NutriCalc

Streamlined, Precision Recipe Reformulation In-House

Webinar: Unlocking the Full Power of NutriCalc





# **AGENDA**

How NutriCalc fits into the TraceGains ecosystem

**Bal Chand - TraceGains** 

Unlocking the full power of NutriCalc

Judith Tomlin - TraceGains NutriCalc

## ABOUT TRACEGAINS NUTRICALC

The New Standard for Product Development

NutriCalc® now operates both as a standalone solution and as part of the broader TraceGains ecosystem, delivering unmatched efficiency and accuracy for the food and beverage industry.

Acquired by **TraceGains** in 2023, NutriCalc builds on its legacy as a market leader in nutrition analysis software, while benefiting from integration into the world's leading networked food and beverage software platform.



**ABOUT TRACEGAINS** 

Founded in 2008, TraceGains is revolutionising the exchange of information across the supply chain.

Global Operating Centers and **Customer Support** 

140+

Experienced F&B Staff

1200+

**Global Customers** 

250 YRS

**Supply Chain Experience** Across Leadership Team

100K+

635K+

167+

**Supplier Locations** 

Items & Ingredients

**Supplier Countries** 

1.8m+

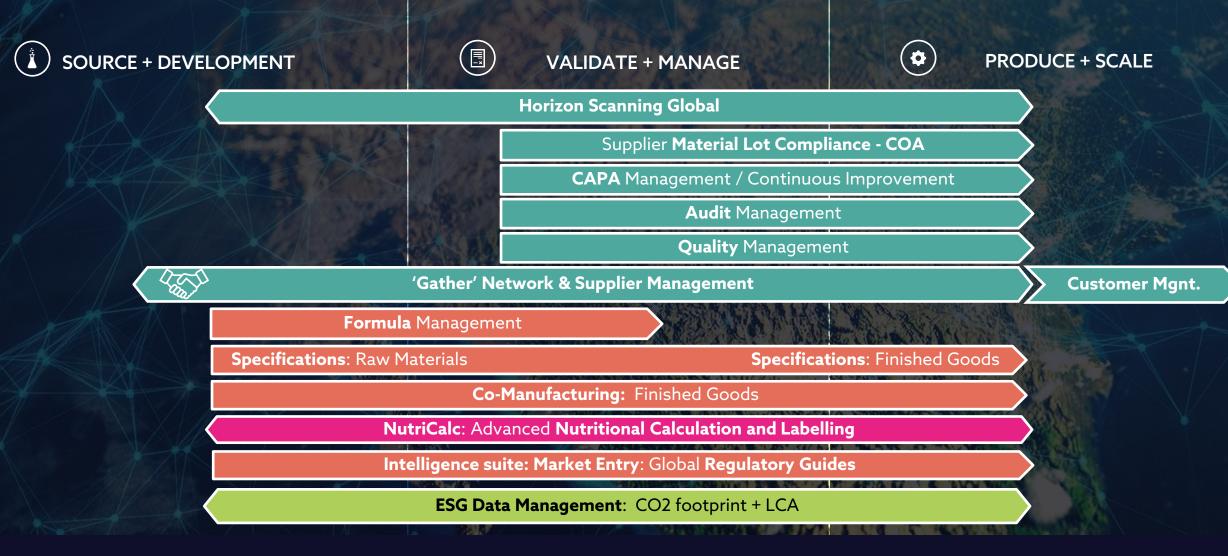
10m+

Forms

Completed Standard Online Supplier, Item & Ingredient **Documents** 



### **TraceGains Product Suite**



**NPD** 

**ESG** 

**Product Suite:** 

Compliance

## TRACEGAINS GATHER®

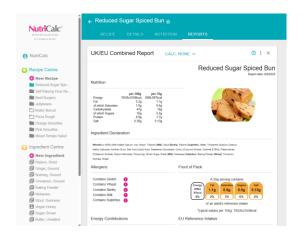
- Free to use with NutriCalc to accelerate NPD
- Source all your recipes' ingredients & related documentation – saves time
- Ranked, trusted suppliers
- Compare specs using standard forms
- Promote your own products to potential buyers



### Powering TraceGains Nutrition Calculation and Labelling

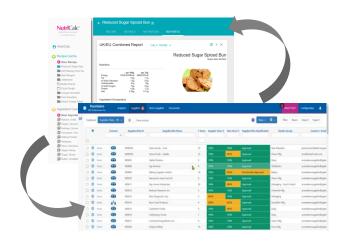
#### Standalone solution

(as used by FDF Scotland)



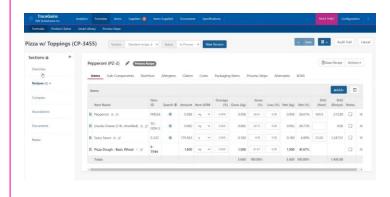
Standalone solution + connected via API to

TraceGains' Supplier Management solution



#### TraceGains NPD suite

- Powered by NutriCalc -







### Understanding Inputting New Ingredients

- When selecting ingredients from NutriCalc's database which aren't a raw ingredient (e.g. fruit & veg), the nutrition data won't be as accurate as inputting your own custom ingredients
- Inputting ingredients' specs ensures the highest accuracy of nutrition calculation results

 Enter as much ingredient nutrition data as possible - data can come from a spec. sheet, nutrition label, COA etc.





Understanding Inputting Ingredient Specifications

- Input Nutrients
  - Enter per 100 grams
  - Enter sodium/salt in milligrams

Input Allergens

Enter Compound Ingredients (if applicable)





### Understanding and Using Carbohydrates

2 types of Carbohydrates:

### **Available Carbohydrates**

- Sugars & starches which can be digested by the body
- Used on UK / EU food labels

#### **Total Carbohydrates**

- Also includes Fibre (including non-starch polysaccharides), which can't be digested
- Available Carbohydrate value + Fibre value = Total Carbohydrate
- Used on USA, Canadian, and Gulf States food labels





### Understanding and Using Carbohydrates

- Different Carbohydrates, plus no global consistency in terminology, causes mistakes when using ingredient spec. sheets:
- USA ingredients: must deduct Fibre from Total Carbohydrate to achieve a figure for Available Carbohydrate (for UK / EU labels)
- Australian ingredients: Total Carbohydrate actually means Available Carbohydrate, so no need to adjust it
- South African ingredients: Glycaemic Carbohydrate actually means Available Carbohydrate!





### Understanding and Calculating Cook Loss

- Cook loss is the loss or addition of water during cooking:
  - Concentrates food when moisture's lost during cooking
  - Dilutes food when moisture's absorbed during cooking in water (e.g. rice)
- Makes a big difference to accuracy of recipe's nutrition information as changes the 'per serving' nutrient amounts
- Always apply cook loss during the nutrition calculation process
- Always add the quantity of water used as an ingredient





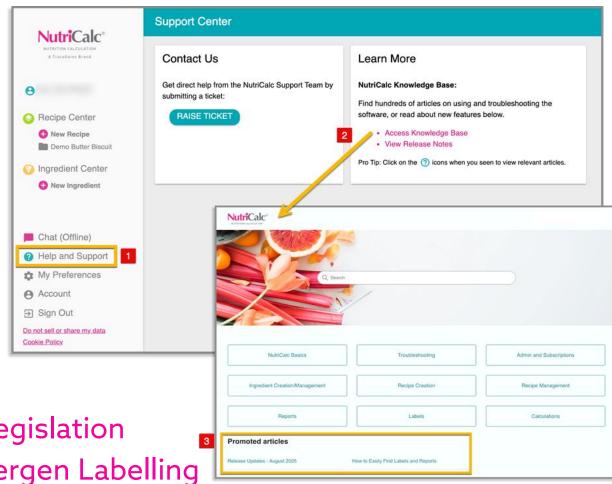
### Help & Support Resources

#### Software

- Submit support requests
- Features '?' info links
- Access Knowledge Base topics
- View latest software release notes

### NutriCalc.co.uk/support

- Tutorial videos
- Expert papers on food topics and legislation
- Pages on UK HFSS and UK / EU Allergen Labelling







### **THANK YOU**

### Let's Connect

Join TraceGains Gather: gather.tracegains.com

Free 7-day trial of NutriCalc: nutricalc.co.uk

### **NutriCalc Support:**

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